The Course of Macho Culture to Men and Their Social Surrounding

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The macho culture is the main basic component in manhood. In order to survive and to protect his family, a man must be strong, dominance and does not have a place for feelings or their expression since it may be seen as a weakness among his social surrounding, including his family.

As many social heritages that are no longer in need, machoism became unnecessary in modern life, but was kept by men in order to promise their continuous dominance on women and among their fellow men. This phenomenon is also connected to the empowerment of women in society, and the "threat" to their supremacy.

In addition, women demand a major change in the personality of men. They wanted a man that can share his feelings, may cry when he is sad, and does not to be physically strong in order to make them feel protected. The fact is that more and more men are working today in jobs that use their brain instead of their muscles.

The question is where is the course? There are two broad answers The course is on a man that learned and was acculturated to a culture that worship machoism from day one. Boys are still educated to wear blue cloths, play with tracks and not with dolls. Boys does not cry because they are men, even when they fall, heart etc.

When boys grow up they expect to confront their problems alone, without sharing their fears, they must be strong otherwise they will become a punching bag of their boys and men surrounding. These rules are expected to be complied with at work, in social relations, and with their girlfriend and wife.

This is one of the reasons for men's violence against their girlfriends and wives. Some of the men feel that they should dominate their woman's partner by order her way of behaviors, they should serve them. If they do not comply they should be punishing. A king cannot rule without subjects.

We will go back to this issue later on. In the meantime, let's look at another course of Machoism, men behavior within marriage. The Macho culture looks at women as the opposite of men: They are something weak, over sentimental, dependent, sharing everything with their friends as well as to their husbands. The problem is that women want their male partner to behave in the same way, which contradict the machoism culture.

Many arguments between couples arise from these contradictions and some men even feel that their woman couple want to castrate them, and object the idea of sharing their thoughts and feelings in front of the woman couple. But, in oppose to women, men do not and cannot share his feelings before his friends, since he will be labeled him "not a man". As a result, men who find their life as a mess, cannot express their feelings, fears, rage, despair or any kind of these feelings with their fellow men.

When women do not accept any more violence and they want to leave the relationship, or if they complain in a police station on her husband, there is a risk that he may kill them as a reaction, because the broke the rules of the game and heart his honor.

In cases where wives wish to leave the relationship, the man has nobody to share with him his distress. The macho culture denies him from any social, familial, or other support group. In oppose, women in these situations enjoy family as well as many possibilities for support, including psychological treatment.

Men who suffer from tension and despair within their relationship, tries to hide their feelings and even deny them if somebody will ask them question regarding problems at home, since men does not share feelings or problems, mainly with other men, in order to become or stay a "proper man".

We can see the effects of the macho culture in a variety of situations: violence against intimate partner, intimate partner murder, suicide and major distress and suicide cases among divorce men seven times more than divorce women.