

ISSN: 3064-9846 **Review Article** 

### Journal of Agricultural, Earth and Environmental Sciences

## The Philosophy of Environmental Education

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Submitted: 12 March 2025 Accepted: 18 March 2025 Published: 24 March 2025

doi.org/10.63620/MKJAEES.2025.1079

Citation: Christou, M., & Vlachos, A. (2025). The Philosophy of Environmental Education. J of Agri Earth & Environmental Sciences, 4(2), 01-04.

#### Abstract

Environmental Education (EE) is a critical process that deals with the relationship between people and the natural and man-made environment. Over the years, several hypotheses have been developed to capture the essence of EE, reflecting the complex interplay between perceptions, motivations, and social goals. These cases highlight the urgent need to address environmental challenges through interdisciplinary approaches, local and global perspectives, and individual responsibility.PE serves as a catalyst to enhance environmental literacy and promote sustainable practices. It inculcates environmental awareness, critical thinking and a sense of stewardship from a young age, enabling individuals to deal effectively with environmental issues.

The objectives of Environmental Education are multi-faceted, aiming to cultivate environmental awareness, knowledge and values. It empowers individuals to make informed decisions and take responsible actions to preserve and improve the environment. PE is characterized by its problem-solving orientation, interdisciplinary approach, inclusion in society and the periodic nature of its application.

These characteristics distinguish it from traditional education and underline its holistic and dynamic nature. Strategies and standards for the integration of Environmental Education into educational systems face challenges due to the multifaceted nature of environmental problems and traditional educational structures. Different approaches, such as interdisciplinary and interdisciplinary models, offer distinct advantages and challenges, highlighting the need for flexibility and adaptation in application.

**Keywords:** Education, Environmental Study

#### Introduction

Environmental Education is the educational process that deals with the interaction of humanity with the natural and man-made world. It includes a wide range of topics such as population dynamics, pollution, resource management, conservation, and the impact of technology and urban planning on the environment. In recent years, hypotheses for environmental education have emerged from various conferences, highlighting the need for interdisciplinary approaches to address complex environmental issues. These hypotheses highlight the importance of local and global perspectives in understanding environmental challenges and emphasize the role of human responsibility in preserving the environment.

The Belgrade Charter, developed by UNESCO in 1976, highlights the importance of changing human attitudes towards the environment, particularly through educational institutions. It describes the goals of environmental education, which include enhancing awareness, knowledge and active participation in environmental protection.

Environmental education is vital for promoting a deeper understanding of the interconnection between humans and the environment. It draws from a variety of disciplines, from ecology to sociology, to equip individuals with the necessary knowledge, skills and values to engage in responsible environmental practices.

By instilling environmental awareness early on, environmental education empowers individuals to address environmental issues and promotes critical thinking and problem-solving skills. Through hands-on experiences and outdoor activities, it cultivates a sense of stewardship and empathy for the natural world.

Overall, environmental education plays a critical role in promoting environmental literacy, promoting sustainable practices and shaping a more responsible and environmentally conscious society.

#### **Importance of Environmental Education**

EE serves as a catalyst for enhancing environmental literacy and promoting sustainable practices. It instills environmental awareness, critical thinking and a sense of stewardship from a young age, enabling individuals to effectively address environmental issues.

#### **Environmental Education Objectives**

The EU objectives are multifaceted, aiming to foster environmental awareness, knowledge and values. It empowers individuals to make informed decisions and take responsible actions to preserve and improve the environment. Environmental Education Principles:

- 1. Thinking globally, acting locally
- 2. Building personal relationships
- 3. Developing values
- 4. Developing civil rights
- 5. Developing a sense of place
- 6. Developing a sense of time
- 7. Developing appropriate practices

These principles serve as a basis for schools to develop their own strategies for the effective implementation of Environmental Education.

#### **Characteristics of Environmental Education**

EE is characterized by its orientation towards problem solving, interdisciplinary approach, integration into society and the periodic nature of its implementation. These characteristics distinguish it from traditional education and highlight its holistic and dynamic nature. (Angelidis, Z., Papadopoulou, P., Athanasiou, X., (eds.), (2004), Environmental Education (EE) has distinct characteristics that set it apart from traditional education. These characteristics are vital

#### To achieving its Objectives

- **Problem-Solving Orientation:** EE focuses on addressing environmental issues not only at a superficial level, but aims for comprehensive and permanent solutions. It emphasizes sustainable problem-solving rather than quick fixes.
- Interdisciplinary Approach: EE recognizes the complexity of environmental challenges and applies an interdisciplinary approach. It integrates various fields of knowledge to effectively understand and address environmental issues.

- **Integration into Society:** EE is deeply intertwined with society, requiring reassessment knowledge and needs of society. It addresses the real environmental problems faced by communities and adapts its methods to different groups, ages and social classes to ensure relevance and participation.
- Continuous and Adaptive Nature: EE evolves in response
  to the changing socio-economic, cultural and environmental
  landscape. It continuously revises its content, methods and
  direction to remain relevant to current realities and needs,
  supporting lifelong learning across all educational platforms [2].

In summary, the EU aims not only to solve environmental problems but also to encourage a deeper understanding of and commitment to the environment in society. It emphasizes holistic solutions, interdisciplinary collaboration, social inclusion and adaptability to ensure a sustainable future for both humanity and the environment.

# Strategies and Standards for Integrating Environmental Education into Education Systems

When considering the objectives and fundamental characteristics of Environmental Education (EE), it becomes crucial to develop various strategies for its effective implementation in formal education systems. However, several inherent difficulties arise in integrating EE into education systems, arising from factors such as the multifaceted nature of environmental issues, limitations in traditional educational structures and teacher training, and prevailing perceptions of the education system that may not encourage critical analysis and research into alternative solutions.

To address these challenges, appropriate approaches are required. These approaches include the interdisciplinary or pluralistic approach, which integrates scientific data from various disciplines without extending beyond simple confrontation. Another approach is the interdisciplinary approach, which systematically integrates different perspectives into a single framework.

The basic questions that usually concern the educator before designing the program are the following:

#### **Ease of implementation**

- **Standard A:** Requires teacher training and curriculum orientation, but is less time-consuming.
- **Standard B:** Easier to implement as a stand-alone course without significant curriculum adjustments.

#### **Teacher Skills**

- **Standard A:** Requires teacher training in EE but to a lesser extent than Standard B.
- Standard B: Requires higher EE education for fewer teachers

#### **Curriculum Burden**

- Standard A: Implemented with minimal burden on existing curricula.
- **Standard B:** Adds an additional course to an already loaded curriculum.

#### Ease of development of a PE program

- **Standard A:** Requires careful identification, classification, and integration into the existing curriculum.
- **Standard B:** Easier to adapt as a comprehensive program.

#### Assessment

- Standard A: Overall assessment is difficult due to many variables.
- **Standard B:** Overall assessment is simpler in a single-subject program.

#### **Ideal age of Students**

- Standard A: Suitable for all ages, with exceptions in secondary and tertiary education.
- **Standard B:** More suitable for primary education, with some exceptions.

#### **Efficiency of Transmission**

- Standard A: Easily achieves knowledge transmission with appropriate use.
- Standard B: Requires more effort to transmit knowledge.

#### Ability to Study Environmental Problems in Depth

- Standard A: Detailed lessons may require significant resources depending on the level of education [1].
- **Standard B:** Resource requirements depend largely on the nature of the program.

These standards reflect two distinct approaches to integrating PE into educational systems and should be seen as complementary rather than contradictory. While the interdisciplinary approach is recognized as necessary at a theoretical level, practical implementation often leans towards the interdisciplinary model due to existing educational structures.

The latest trend in education emphasizes meeting individual learning abilities and maximizing student participation, which serves as a measure of effective teaching. A variety of teaching methods are used, with the consensus that any method, when implemented effectively, can be successful. It is recognized that students have different learning preferences, requiring a variety of instructional approaches to maintain interest and promote further learning. Learning [2]. Teachers play a central role in mediating the learning process, choosing methods based on educational goals, personal interests and training. However, in physical education (PE), it is observed that the usual teaching methods are limited. There is a call to enrich the repertoire of teachers with a variety of methodologies, allowing for experimentation and adaptation to different contexts. (Zygouri, E., (2005).

In PE, problem-solving methods are often used, which involve students in solving complex issues with multiple solutions. This enhances critical thinking and creativity. Another method involves project assignments, where students collaborate to design and carry out tasks, considering their interests and abilities. Field trips are also used to provide first-hand experiences and observations, enhancing classroom learning and promoting environmental awareness [2]. In summary, the use of a variety of teaching methods adapted to the needs of students and the subject matter is crucial for effective environmental education.

Teachers play a vital role in the selection and implementation of these methods, ensuring meaningful learning experiences for students [3].

An example of an environmental education program for students aged 6 to12 emphasizes interdisciplinary learning and adaptability to different cultures and regions. It incorporates various methodologies such as field trips, audiovisual media, case studies and dynamic teaching tools. The program covers topics such as rivers, oceans, urban areas and agriculture, with the aim of instilling an understanding of environmental issues and encouraging proactive participation in students' conservation efforts.

#### **Teacher Training in En**

Teacher training in environmental education has emerged as a top priority worldwide, as recognized by UNESCO and reiterated by ministers at the Tbilisi conference in 1977. Teachers play a central role not only in delivering the curriculum but also in modeling environmental responsibility for students [4]. However, the integration of environmental education into teacher training faces challenges such as outdated curricula, lack of resources and limited interest among teachers. These challenges highlight the need for innovative approaches to teacher training, including short courses, seminars and integration into existing educational programmes. In addition, educational materials and funding are crucial but often lacking [2]. Despite these obstacles, it is imperative to equip teachers with the necessary knowledge and skills to effectively impart environmental education. Flexibility and adaptability are essential, considering the dynamic nature of environmental issues and the different contexts in which teachers operate.

#### Conclusion

Holistic environmental education should start early, emphasizing practical learning and adaptability to different contexts. It is important to cultivate environmental awareness from a young age and to ensure that all students achieve a minimum level of environmental literacy, regardless of their future career [5]. Environmental education is not just a subject to be taught, work towards a sustainable future [6].

EE is essential to address environmental challenges and promote sustainable development. It requires a holistic approach, starting from early education and adapted to different contexts. Practical, hands-on approaches are preferred, emphasizing active student participation and real-world applications [7-9].

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