

Nursing Experience in Caring for a Patient with Necrotizing Fasciitis-Induced Septic Shock

An-Chi Lin*

China Medical University Hospital

*Corresponding author: An-Chi Lin, China Medical University Hospital.

Submitted: 18 November 2024 Accepted: 25 November 2024 Published: 03 December 2024

Citation: Lin, A.-C. (2024). Nursing experience in caring for a patient with necrotizing fasciitis-induced septic shock. *J Cri Res & Eme Med*, 3(6), 01.

Background and Objective

When a wound infection leads to severe sepsis, patients who do not understand the severity of the disease are more likely to develop negative emotions such as anxiety, which can affect the effectiveness of treatment. This article is about the experience of caring for a patient in the intensive care unit who developed necrotizing fasciitis and septic shock due to liposuction surgery. Through a comprehensive nursing assessment, appropriate nursing interventions were provided to improve the patient's physical and psychological problems, enhance the quality of care, and promote their healthy recovery.

Methods/ Intervention

As a nurse, collect data through observation, interviews, and physical assessments, and use the Gordon Eleven Functional Health Patterns Assessment as an assessment tool to identify nursing health problems.

Conclusions/ Lessons Learned

Critically ill patients are unable to express themselves due to endotracheal intubation, and coupled with the inexperience of nurses, this leads to communication difficulties and increased anxiety. It is recommended that nurses strengthen their understanding of the concept of anxiety, use their observation skills and empathy to discover problems in a timely manner. Through teamwork and on-line resources, they can provide support and assistance to promote patient recovery and reintegration into society.

Relevance to HPH

Sepsis is a life-threatening infection that can lead to mental health issues such as anxiety, low self-esteem, and depression. Nurses play a vital role in assessing patients' physical and mental health, providing education about the condition and its management, and facilitating recovery by building therapeutic relationships and encouraging patients to express their feelings.