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# The Development of Radiation Shielding Materials Involves Incorporating Lanthanum Oxide Dopants into Glass

Kaewjaeng, S1\*, Ornketphon O1 & Kaewkhao J 2,3

<sup>1</sup>Department of Radiologic Technology, Faculty of Associated Medical Sciences, Chiang Mai University, Chiang Mai 50200, Thailand <sup>2</sup>Physics Program, Faculty of Science and Technology, Nakhon Pathom Rajabhat University, Nakhon Pathom, 73000, Thailand <sup>3</sup>Center of Excellence in Glass Technology and Materials Science (CEGM), Nakhon Pathom Rajabhat University, Nakhon Pathom, 73000, Thailand

\*Corresponding author: Siriprapa Kaewjaeng, Department of Radiologic Technology, Faculty of Associated Medical Sciences, Chiang Mai University, Chiang Mai 50200, Thailand.

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#### Abstract

The glass formula (60-x) P2O5: 15Na2O: 5ZnO: 10Al2O3: 10CaO: xLa2O3 where x is 0, 5, 10, 15 and 20 mol%, is produced by using the melt quenching technique for photon shielding applications. The glasses were investigated for their physical, transmission, x-ray and gamma-ray shielding properties. The results discovered an increase in density with higher concentrations of La3+ions. The transmission spectra of the glass show higher transparency compared to x-ray windows. In relative studies of gamma-ray properties between experimental and theoretical data, the mass attenuation coefficients (MAC), effective atomic number (Zeff), and effective electron density (Neff) increased with the rising of La3+ ions. Conversely, the half-value layer (HVL) decreased, indicating an improvement in the radiation shielding material efficiency. In x-ray applications, the HVL decreased with an increase in La3+ ions content. The HVL value at a 20 mol% concentration of La3+ions is higher than standard materials at 120 kVp. The glass systems doped with La3+ ions could be potential candidates for x-ray and gamma-ray glass shielding in future applications.

Keywords: X-ray; Radiation; Shielding; Diagnostic; Ten Value Layer.

#### Introduction

Radiation shielding is a critical aspect of various fields, including nuclear energy, agriculture, space exploration and medical applications, where exposure to ionizing radiation posed significant health risk [1-5]. Effect radiation shielding significantly reduces the risk of radiation exposure for occupational worker, support staff, public, and surrounding population. Traditional radiation shielding equipment is continuously developed to increase safe alternatives for radiation protection, replacing lead (Pb) and offering cost-effective options. This includes considerations for shielding efficiency, resistance to chemical corrosion, and durability chemicals with high atomic number, such as lanthanum oxide (La2O3) most used in serving as a component in nuclear reactor systems, chemical industries, improved refractive index, excellent radiation attenuation, optical glass, and lenses. Therefore, La2O3 which makes it an ideal candidate for enhancing the shielding effectiveness of glass.

The materials that are widely chosen as a component for radiation shielding nowadays are glass. This is due to its good transparency, temperature resistance, and its ability melted or reshaped without altering its composition. Phosphate oxide (P2O5) glass is an option for shaping and use as a glass former due to its high transparency and low melting point [6-9]. The addition aluminum oxide (Al2O3) and sodium oxide(Na2O) has been reported to reduce the melting point, thermal stability, low thermal expansion and enhance the strength of glass [10-12]. In the context of zinc oxide (ZnO) being used to enhancing structure in glass formula, chemical durability, and providing good optical transparency in ultraviolet (UV) range it is useful in certain optical application. Calcium oxide (CaO) enhances the chemical resistance of the glass, increase mechanical strength, influences melting temperature and affects optical properties.

This research focuses on the formulation of a novel glass composite, represented by the formula (60-x) P2O5: 15Na2O:

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5ZnO: 10Al2O3: 10CaO: xLa2O3 where x is 0, 5, 10, 15 and 20 mol%, respectively. Through a focus on x-ray, including the context of linear attenuation coefficient (μ), mass attenuation coefficient (MAC), half value layer (HVL), ten value layer (TVL), mean free path (MFP) and gamma-ray radiation shielding, this research involved calcution on XCOM programs. The details include mass attenuation coefficient (MAC), effective atomic number (Zeff) and effective electron density (Neff) on XCOM programs. There is potential to develop this glass sample into a radiation shielding material that could serve as a substitute for lead in the future.

#### **Materials and Method**

# **Glass Preparation**

Lead-free radiation shielding materials are advantageous for human health, environmental, particularly for manufacturer process, due to their toxicity. In this research focused on lanthanum doped glasses as a potential alternative shielding materials in glass samples system in the formula (60-x) P2O5: 15Na2O: 5ZnO: 10AlF3: 10CaO: xLa2O3 where x is 0, 5, 10, 15 and 20 mol%, components, blend the components in the desired ratios. Next, mixture to high temperatures, typically around 1200°C, to melt and fuse the components together. After this, the glass is annealed by heating it to approximately 500°C and then gradually cooling it to enable structural alignment. This annealing procedure helps relieve internal stresses and enhances the glass durability. Once the glass is prepared, it will be cut and refined into shapes measuring 1 x 1.5 x 0.3 cm³ to serve as control variables for characterization various properties.

# **Physical Properties**

The weight of prepared glass samples was determined in both air and xylene using a high-precision 4-digi microbalance (A&D, HR-200). Applying Archimedes' principle, the density ( $\rho$ ) was estimated according to the following equation [13].

Where Wa, is the weight in air, Wb is the weight in xylene and  $\rho_b$  is the density of xylene ( $\rho_b = 0.863$  g/cm<sup>3</sup>).

The molar volume (Vm) was calculated from densities; it is equal to molecular weight (M) divided by density ( $\rho$ ), expressed by the formula.

## X-ray Radiation Shielding Characterization

The X-ray shielding characterization were measured using X-ray opeating the in the upper diagnostic energy range with a tungsten (W) target in X-ray tube, Shimadzu model RAD Speed Pro operated within the diagnostic X-ray energy range trypically employed in high frequency medical applicatios between 50-120 kVp technique. The radiation exposure was set at 100 mA and exposure time set at 0.2 sec (20 mAs). The radiation energies were recorded by using solid state detector model Accu-gold. The distance between the X-ray source and the detector was set at 50 cm during the measurements. To minimize backscattered radiation, the detector was positioned approximately 15 cm above the table. System energy calibration was performed to validate the radiation attenuation and transmission measurement tecchnique.

The x-ray radiation shielding characterization of (60-x)P2O5: 15Na2O: 5ZnO: 10Al2O3: 10CaO: xLa2O3 where x is 0, 5, 10, 15 and 20 mol% glass samples. The X-ray shielding analsis in-

volves the determining key parameters such as the linear attenuation coefficient (LAC), the mass attenuation coefficient (MAC), half-value layer (HVL), ten-value layer (TVL), and mean free path (MFP), to assess the materials effectiveness in attenuating X-ray radiation. The data are crucial for understanding radiation shielding effectiveness. The X-ray radiation shielding, specifically in terms of the half-value layer (HVL), for glass samples with varying compositions of La2O3, is compared with standard radiation shielding materials, including commercial windows, brick, concrete, commercial lead glass (X-ray windows), concrete (NCRP No.49) and x-ray windows (NCRP No.49) [14].

The linear attenuation coefficient (LAC) is a fractional decrease in radiation fractional decrease in radiation intensity per unit of thickness of materials. It is influenced by several parameters, and the study of these parameters can help optimize the design of X-ray shielding materials are the total probability of radiation interaction with matter was calculated using the appropriate attenuation coefficient derived from theoretical models, in equation.

$$I = I_0 e^{-m}$$

Where I am the intensity of the attenuated beam, I0 is the initial intensity, t (cm) is the thickness of the shielding material.

The half-value layer (HVL) is defined as the thickness of a materials required to attenuate the X-ray intensity by one-half (about 50%) its original values, and defined by the following equation.

$$x_{1/2} = \frac{0.693}{\mu}$$

#### Gamma Radiation Shielding Characterization

This work focused on heavy ion transport code system XCOM program is a computer program and database developed by the National Institute of Standards and Technology (NIST) to calculated photon interaction cross section for chemical composition in context of partial interaction, mass attenuation coefficient (MAC) to explained the possibility of partial interaction with in materials and calculated about effective atomic number (Zeff) and electron density (Neff). Zeff parameter is the average effect of all electrons in an atom on the behavior of gamma ray as they pass through a substance. It is a crucial parameter in interaction with ionizing radiation and can be calculated in formula; [15-23].

$$Z_{eff} = \frac{\sigma_{t,a}}{\sigma_{t,e}}$$

The total atomic cross-section ( $\sigma$ t,a) can be determined from the mass attenuation coefficient by multiplying it with the material density;

$$\sigma_{t,a} = \frac{\mu_m}{N_A \sum_{i}^{n} \left(\frac{W_i}{A_i}\right)}$$

Where  $N_A$  represents the Avogadro's constant, Ai is the element of atomic weight of element i.Moreover, the total electronic cross-section ( $\sigma$ t,el) for the element can be calculated using the formula;

$$\sigma_{t,e} = \frac{1}{N_A} \sum_{i}^{n} \frac{f_i A_i}{Z_i} (\mu_m)_i$$

where fi is the atomic fraction of element i, is calculated relative to the total number of atoms, where Zi represents the atomic number of respective element.

The electron density  $(N_{\rm eff})$  is the number of electrons per unit volume in a materials that can interact with photon energy, and it can be calculated in the following form

$$N_{\mathit{eff}} = \frac{\mu_{\mathit{m}}}{\sigma_{\mathit{t,e}}}$$

# **Transmission Properties**

The transmission properties of the glass samples, commercial window and x-ray window (lead glass) each with an equal thick-

ness of about 3 mm. Data were collected at room temperature with the use of Variance Cary 50 spectrophotometer across UV-VIS-NIR regions.

#### **Results and Discussions**

#### **Physical Properties**

The density and molar volume of glass samples were measured are conducted in air and in xylene using A&D HR-200 4 digital sensitive microbalances, calculated in Archimedies's method. The density values increase from 2.655 to 2.873 g per cm3, respectively, for various concentration of La2O3 content in the glass samples. The glass samples exhibit an increasing trend in molar volume, stating from 43.045 to 55.150 cm3 per mol respectively. The molar volume of glass samples increased with addition of the chemical modifier La2O3, suggesting structural expansion within the glass matrix, are indicate in Fig. 1.

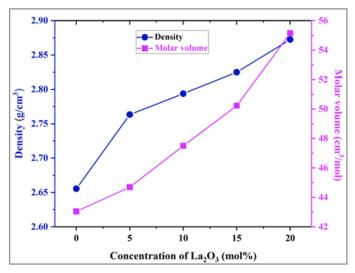


Figure 1: The Density and Molar Volume of Glass Samples

# **Transmission Properties**

This study, the glass samples with the highest dopant concentrations (20% mol of La2O3) was selected to compare its optical transmission spectra with the standard reference material such as commercial window and x-ray windows. It has been observed that their transmission spectra are similar in the visible regions. The transmission spectra are indicated in Fig. 2.

The comparing the optical transmittance of glass samples with conventionally transparent materials, it is evident that these glasses not only offer efficient radiation shielding, also strong potential for future development as multifunctional shielding apploication.

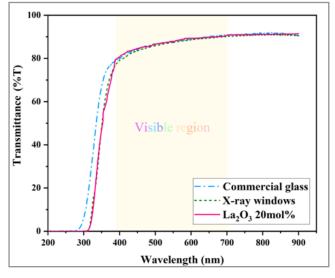


Figure 2: The Transmission Spectra of Glass Samples

#### X-ray Radiation Shielding

The X-ray radiation shielding properties are studies across varying parameters, specifically at energies levels commonly used in diagnostic radiology energy from low energies X-ray suitable for imaging thinner body parts, to high energy X-ray required for penetrating thicker anatomical regions. The study aims to determine key radiation parameters includes with linear attenuation coefficient (LAC), half-value layer (HVL), tenth value layer (TVL), and mean free path (MFP). To ensure the radiation shielding efficiency of the developed materials, its shielding per-

formance was evaluated and against standard radiation shielding materials. This assessment was conducted to verify the feasibility of utilizing the researched material as a potential lead-free (Pb free) alternative for radiation shielding applications. The radiation shielding parameter data descripts below;

# **Linear Attenuation Coefficient (m)**

The linear attenuation coefficient (LAC) of glass samples is depicted in Fig. 3 The results indicate that linear attenuation coefficient increases as the x-ray energies of glass samples increase.

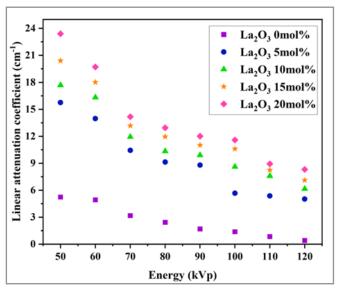


Figure 3: The LAC of Glass Samples

#### Ten Value Layers (TVL)

The tenth value layer (TVL) of glass sample decreased with increasing concentration of La3+ ions. This suggest that the addi-

tion of La3+ ions is making the glass effective at attenuating or absorbing radiation, as illustrated in the results indicate in Fig. 4.

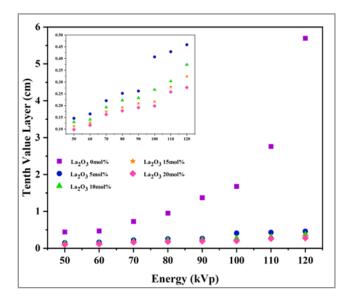


Figure 4: The TVL of La2O3 in the Glass Samples

The mean free path (MFP), determining the involves measuring or estimating the number density of particles and the collision cross-section in a particular medium, as illustrated in the results indicate in Fig. 5.

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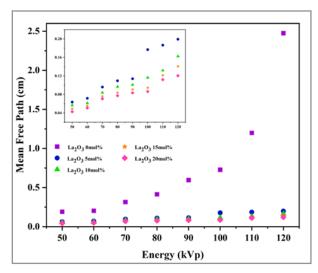


Figure 5: The MFP of La2O3 in the Glass Samples

#### Half-Value Layer (HVL)

The half-value layer (HVL) is a measure that reduces the radi-

ation intensity of the primary beam more than 50%. The HVL were calculated using the equation depicted in Fig. 6.

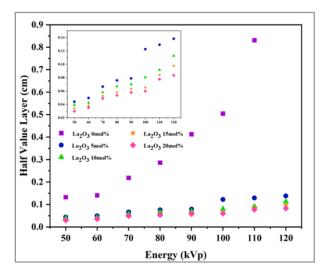


Figure 6: The HVL of Glass Samples.

The HVL of glass samples at each concentration using high kVp technique (120 kVp) are compared with standard materials, including commercial windows, brick, concrete, lead, x-ray windows, as depicted in Fig. 7.

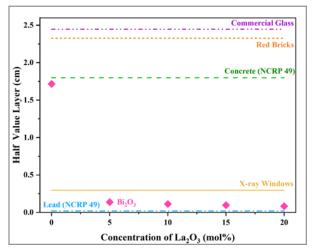


Figure 7: The HVL of Glass Samples Compared with Standard Materials.

# Gamma ray Radiation Shielding

The comparative study of gamma-ray shielding energy from 0.15 to 15 MeV was conducted using XCOM programs, with

focus on MAC, Zeff and Neff values. The MAC of glass samples is depicted in Fig. 8.

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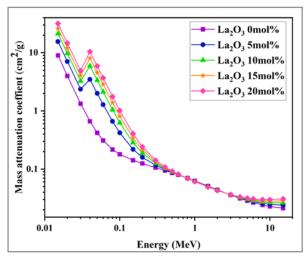


Figure 8: The MAC of glass samples.

The effective atomic number (Zeff) of glass samples can depicted results in Fig. 9. The Zeff values slightly increased with La3+ ions increase. It is observed that Zeff of glass samples initially increases with rising photon energy up to 0.04 MeV, showing abrupt jupms between 0.03-0.04 MeV. These sudden shifts are attributed to the K-edge absorption of La3+ ions at approximately 38.9 keV. Within the energy range of 0.015–0.02 MeV, Zeff values for the glass samples remain relatively constant and in-

dependent of photon energy. From 0.06 MeV to 0.2 MeV, a significant decrease in Zeff is noted as incident photon energy increases, due to the inverse relationship between the photoelectric absorption cross-section and photon energy. In energy regions dominated by Compton scattering and pair production, the addition of La3+ ions cause minimal change in the electron density (Neff) cause of their high photon transmission attenuation. The behavior Neff closely follows that the Zeff [24, 25].

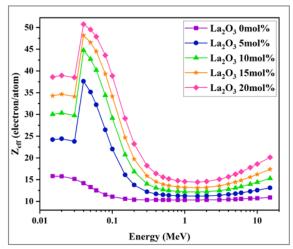


Figure 9: The Zeff of Glass Samples with XCOM Program.

The electron density (Neff) of glass samples can be depicted in Fig. 10. The Neff values for gamma ray energies and the La3+ ions exhibited similar curves to those of Zeff and MAC. A sig-

nificantly enhanced value of Neff this reflects a higher probability of photon-matter interanction occurring in glass composition.

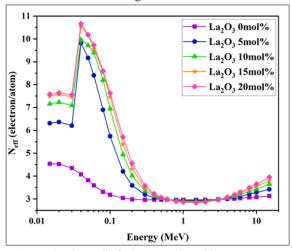


Figure 10: The Neff of Glass Samples with XCOM Program

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The X-ray radiation shielding performance in context of half value layer (HVL), ten value layer (TVL) and mean free path (MFP) is closely correlated with key parameters uses in radia-

tion dose calculations, including shielding materials properties, thickness and photon energy are show in Table.1

Table 1: Radiation Shielding Parameter Data

Glass sample	Energy(kVp)	MAC (cm2/g)	HVL (cm)	TVL (cm)	MFP (cm)
La 0mol%	50	1.973±0.033	0.132±0.004	0.439±0.002	0.191±0.001
	60	1.854±0.015	0.141±0.003	0.468±0.003	0.203±0.002
	70	1.195±0.011	0.218±0.003	0.726±0.005	0.315±0.003
	80	0.911±0.007	0.286±0.002	0.951±0.003	0.413±0.002
	90	0.633±0.006	0.412±0.003	1.370±0.002	0.595±0.003
	100	0.517±0.004	0.504±0.001	1.676±0.003	0.728±0.001
	110	0.314±0.002	0.831±0.002	2.760±0.001	1.199±0.003
	120	0.152±0.008	1.714±0.001	5.695±0.001	2.474±0.004
La 5mol%	50	5.700±0.065	0.044±0.002	0.146±0.003	0.063±0.003
	60	5.056±0.021	0.050±0.002	0.165±0.005	0.072±0.002
	70	3.772±0.006	0.066±0.001	0.221±0.001	0.096±0.003
	80	3.306±0.004	0.076±0.003	0.252±0.002	0.109±0.003
	90	3.179±0.003	0.079±0.003	0.262±0.003	0.114±0.007
	100	2.047±0.004	0.123±0.002	0.407±0.003	0.177±0.002
	110	1.941±0.002	0.129±0.001	0.429±0.001	0.186±0.001
	120	1.816±0.002	0.138±0.001	0.459±0.001	0.199±0.004
La 10mol%	50	6.329±0.045	0.039±0.006	0.130±0.007	0.057±0.002
	60	5.845±0.013	0.042±0.002	0.141±0.002	0.061±0.001
	70	4.272±0.005	0.058±0.001	0.193±0.003	0.084±0.003
	80	3.702±0.004	0.067±0.003	0.223±0.003	0.097±0.003
	90	3.544±0.003	0.070±0.003	0.232±0.002	0.101±0.002
	100	3.082±0.003	0.080±0.002	0.267±0.001	0.116±0.001
	110	2.714±0.002	0.091±0.003	0.304±0.001	0.132±0.002
	120	2.204±0.003	0.113±0.001	0.374±0.000	0.162±0.001
La 15mol%	50	7.222±0.032	0.034±0.002	0.113±0.004	0.049±0.003
	60	6.376±0.014	0.038±0.001	0.128±0.003	0.056±0.002
	70	4.662±0.008	0.053±0.003	0.175±0.002	0.076±0.001
	80	4.231±0.005	0.058±0.002	0.193±0.001	$0.084 \pm 0.002$
	90	3.896±0.004	0.063±0.002	0.209±0.002	0.091±0.001
	100	3.750±0.003	0.065±0.004	0.217±0.006	0.094±0.002
	110	2.918±0.003	0.084±0.001	0.279±0.003	0.121±0.001
	120	2.517±0.001	0.097±0.001	0.324±0.001	0.141±0.000
La 20mol%	50	8.147±0.039	0.030±0.003	0.098±0.001	0.043±0.001
	60	6.862±0.012	0.035±0.003	0.117±0.002	0.051±0.002
	70	4.933±0.011	0.049±0.002	0.162±0.003	0.071±0.003
	80	4.507±0.009	0.054±0.005	0.178±0.003	0.077±0.002
	90	4.181±0.006	0.058±0.001	0.192±0.004	0.083±0.001
	100	4.035±0.004	0.060±0.002	0.199±0.002	0.086±0.002
	110	3.107±0.002	0.078±0.002	0.258±0.001	0.112±0.001
	120	2.893±0.001	0.083±0.001	0.277±0.000	0.120±0.001

#### Conclusion

Lead-free radiation shielding materials are advantageous for human health, environmental, particularly for manufacturer process, due to their toxicity. In this research focused on lanthanum doped glasses as a potential alternative shielding materials

in glass samples system in the formula (60-x) P2O5: 15Na2O: 5ZnO: 10Al2O3: 10CaO: xLa2O3 where x is 0, 5, 10, 15 and 20 mol%, respectively, and has been synthesized by melt-quenching, was investigated. It found that radiation shielding in photon energy with x-ray and gamma ray of glass samples increase as

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the concentration La3+ ions increase. The HVL in x-ray regions is better than standard radiation shielding. The theoretical values, XCOM programs, there is a tendency for radiation shielding values to align in the same direction. This work suggests that La3+ ions are good substitute for lead-free radiation shielding, exhibiting non-toxic effects on the environment, and can be considered as new alternative candidate to lead free advanced radiation shielding materials moving forward.

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